

Week 10
Activity 1
Worksheets

Week 10

Home

Who I Choose to BE

What I Choose to DO

What I Choose to HAVE

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Home



In your journal

🏠 What makes a home FEEL safe and welcoming?

🏠 Describe the emotional environment in your home.

🏠 Describe the physical environment of your home.

Now that I realize how powerful my thoughts are, I strive to release every negative thought

My Journal

