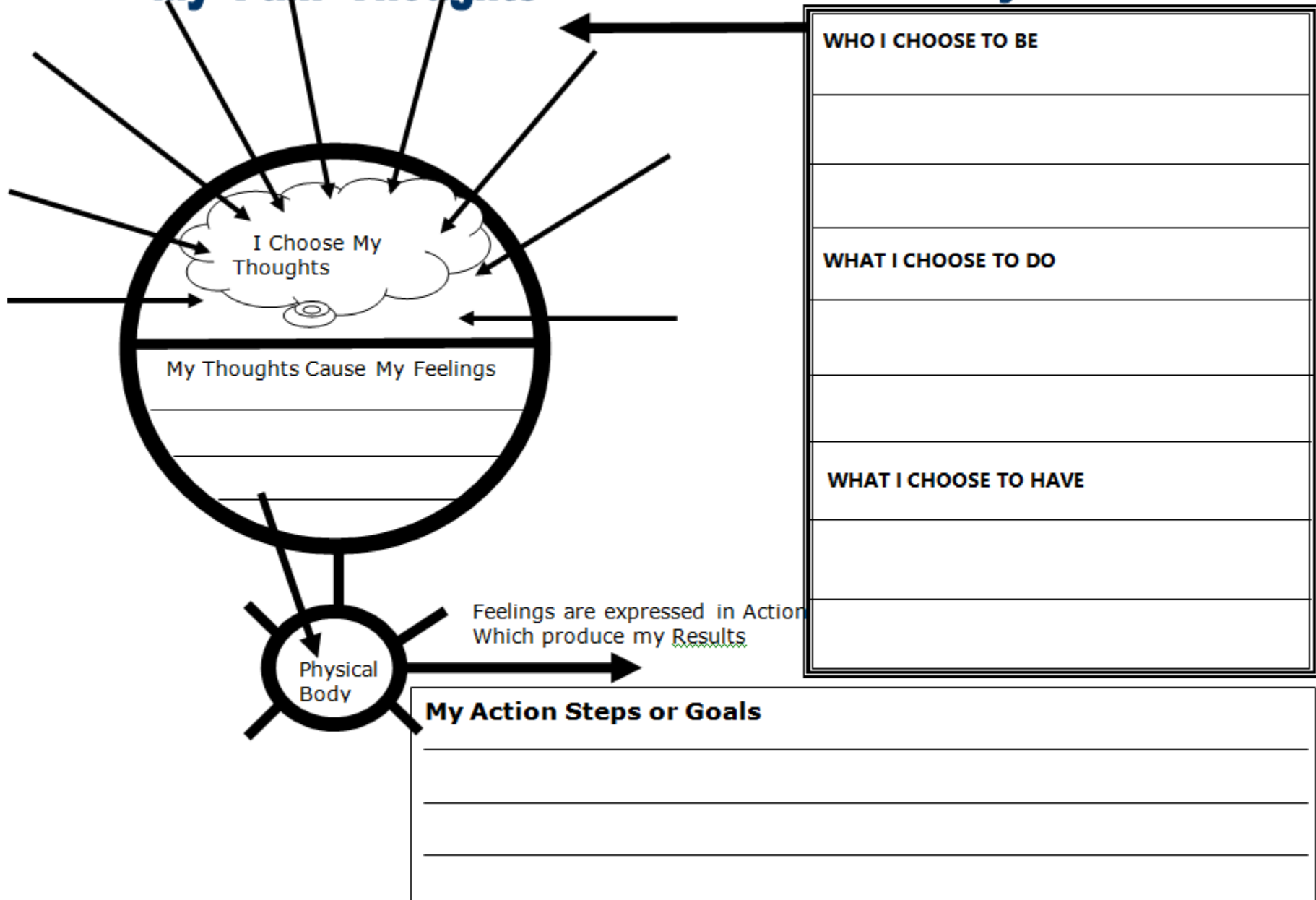


Week 4
Activity 2
Worksheets

My 'I am' Thoughts

I Choose My Results



Success Journal

Divide your life into
major sections:

Early childhood years 0-9

Teen years 10-17

Young adult years 18-34

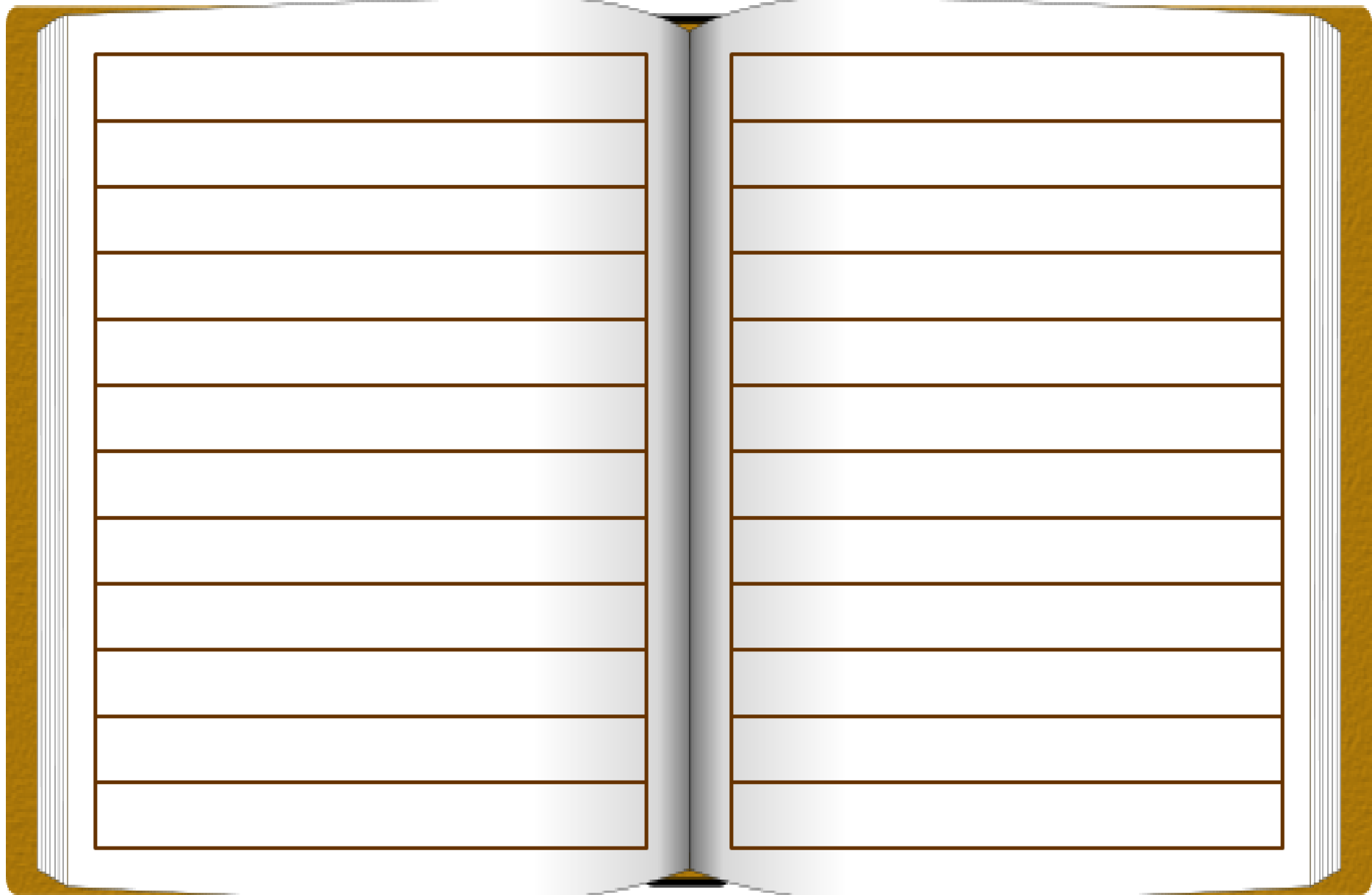
Write out the successes
you experienced during
these years.

**A Success is a
success no matter
how small!!**

For several days keep
a record of all your
successes.

Recognize how your IF
played a part in these
successes.

My Journal



Week 4
Personal Growth &
Education
Activity 2
Notes

Perception

Formal Education

Personal Development

Leadership

Altruistic

Intuition

Formal Education

Personal Development

Leadership

Altruistic

Imagination

Formal Education

Personal Development

Leadership

Altruistic

Memory

Formal Education

Personal Development

Leadership

Altruistic

Reason

Formal Education

Personal Development

Leadership

Altruistic

Will

Formal Education

Personal Development

Leadership

Altruistic