

Week 4
Activity 3
Worksheets

My Personal Growth & Education Circle of Responsibility

**The Person
I Choose To Be**

Thoughts
Feelings
Actions

X

X

X

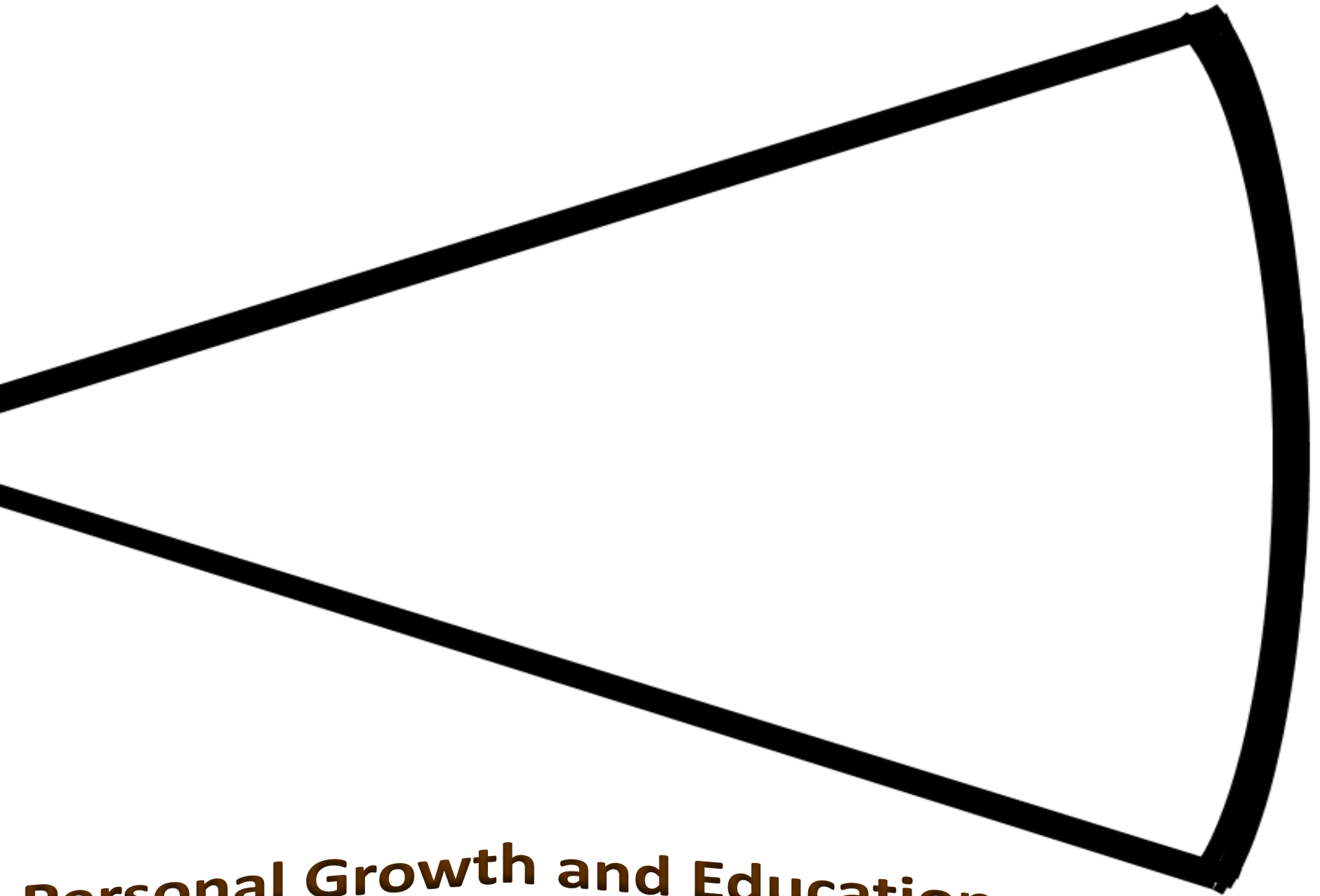
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Personal Growth and Education

Rick & Leisa Olson Power of Purpose Academy 12 Weeks to Your Success © admin@fusefamilyfocus.com

Use your journal

✓ What is happening in your life 'as you know it' in this area of personal growth and education?

✓ What changes or outcomes do you want to achieve in this area of your life?

✓ What control do you have over your significant events?

✓ What are the different ways you could create a significant event in your life to bring about the change you want?

✓ What obstacles or 'wall of opposition' might you meet along the way?

✓ How will you know you have reached your desired change or outcome?

My Journal

